

First Baptist Academy AM Snack Menu for February 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 Vanilla Wafers & Milk	3 Cheese-Its & Raisins	4 Goldfish & Mandarin Oranges	5 Popcorn & Apple Juice	6 Yogurt & Graham Crackers
9 Cheerios & Bananas	10 String Cheese & Pretzels	11 Rice Cakes & Peaches	12 Chips & Salsa	13 Valentine Party Snack
16 Yogurt & Raisins	17 Goldfish & Mandarin Oranges	18 String Cheese & Crackers	19 Fig Newton's & Milk	20 Popcorn & Apple Juice
23 Chips & Salsa	24 Graham Crackers & Milk	25 Cheerios & Bananas	26 Rice Cakes & Peaches	27 Bagels & Cream Cheese

PM Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
2 Popcorn & Apple Juice	3 Goldfish & Fruit	4 Chips & Salsa	5 String Cheese & Crackers	6 Goldfish & Fruit
9 Rice Cakes & Raisins	10 Yogurt & Graham Crackers	11 Vanilla Wafers & Milk	12 Goldfish & Raisins	13 Popcorn & Apple Juice
16 Chips & Salsa	17 String Cheese & Crackers	18 Cheerios & Bananas	19 Pretzels & Applesauce	20 Cheese-Its & Raisins
23 Goldfish & Fruit	24 Chips & Salsa	25 Popcorn & Apple Juice	26 Yogurt & Graham Crackers	27 Fig Newton's & Milk



First Baptist Academy Lunch Menu for February 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Spaghetti W/ Whole Grain Noodles Garlic Bread Sticks Fruit 1% Milk	3 Turkey Tacos Lettuce/Tomato/Shredded Cheese Corn Fruit 1% Milk	4 Baked Fish Strips Peas Whole Grain Roll Fruit 1% Milk	5 Pancakes Bacon Fruit 1% Milk Orange Juice	6 Baked Chicken Strips Steamed Broccoli Whole Grain Roll Fruit 1% Milk
9 Baked Macaroni & Cheese Peas Fruit 1% Milk	10 Scrambled Eggs Bacon Biscuits w/ Jelly Fruit 1% Milk	11 Ham Slices Steamed Carrots Whole Grain Roll Fruit 1% Milk	12 Baked Chicken Strips Oven Roasted Red Potatoes Whole Grain Roll Fruit 1% Milk	13 Cheese Pizza Corn Fruit 1% Milk
16 Cheese Quesadillas on Whole Grain Wrap Sliced Cucumbers & Carrots w/ Ranch Dip Fruit 1% Milk	17 Grilled Cheese on Whole Grain Bread Chicken Noodle Soup Fruit 1% Milk	18 Baked Chicken Strips Green Beans Whole Grain Roll Fruit 1% Milk	19 Turkey Tacos Lettuce/Tomato/Shredded Cheese Corn Fruit 1% Milk	20 Whole Grain Bowtie Pasta w/Tomato Sauce Whole Grain Roll Fruit 1% Milk
23 Ham Slices Green Beans Whole Grain Roll Fruit 1% Milk	24 Baked Chicken Strips Oven Roasted Red Potatoes Whole Grain Roll Fruit 1% Milk	25 Baked Macaroni & Cheese Peas Fruit 1% Milk	26 Baked Fish Filets Steamed Carrots Whole Grain Roll Fruit 1% Milk	27 Chicken Sandwich on Whole Grain Bun Lettuce/Tomato Sliced Cucumbers & Carrots w/ Ranch Dip Fruit 1% Milk

Water is served with all snacks and is available throughout the day for the children. To the best of our abilities, we will attempt to find suitable substitutes for “picky” eaters. Should you choose to send a packed lunch for your child, please remember: WE ARE A PEANUT/NUT-FREE SCHOOL. Check all packaging for allergen warnings. We do not allow items containing nuts or made where nuts may be present at the time of production. DHHR asks us to request you send healthy foods from the four main food groups.